

## IF WE'VE NEVER HAD IT SO GOOD, WHY DO WE FEEL SO BAD?

Brisbane Powerhouse and Brian Lucas present

### *Performance Anxiety*

Created and Performed by Brian Lucas

Nationally acclaimed performer/choreographer Brian Lucas holds a mirror up to our age of anxiety, revealing reflections which dazzle and provoke in his newest solo dance work *Performance Anxiety*. Dance, movement, physical imagery, voice and sound combine to create an intriguing and confronting performance, presented as part of Brisbane Powerhouse's World Theatre Festival in the Turbine Rehearsal Room from 9 to 13 February 2010.

Lucas draws on personal experience of the particular anxieties which arise when we find ourselves in front of a live audience, and explores the universal parallels that exist between the experiences of the professional performer and the struggle to "perform well" in our day-to-day lives, be it in the bedroom, the boardroom or the supermarket checkout queue.

As these anxieties infiltrate the performance space, Lucas conjures up characters who usually only exist on the periphery of our consciousness. He allows them to take centre-stage - revealing their inner lives, giving voice to their unspoken fears, hopes, strengths and frailties, and providing an opportunity for them to grab centre stage and shine. *Performance Anxiety* is the bastard, hybrid child of *The United States of Tara* and karaoke night in a desolate gin-joint on the periphery of the planet.

This intimate performance in a cabaret style setting is the perfect opportunity for audiences to experience the provocative, powerful and intricately precise works of this stunning dancer and choreographer, who has worked with many of Australia's best known performance companies, including Chunky Move, KAGE Theatre, Chamber Made Opera, Circa, The Queensland Ballet, Queensland Theatre Company and, for eight years, Expressions Dance Company (four of those as assistant artistic director). Later in 2010 Brian will be directing Ionesco's *The Chairs* for La Boite Theatre Company.

Sit back with a glass of wine in "The Loser Bar" (Turbine Rehearsal Room, Brisbane Powerhouse) from 9 to 13 February and share in the tales of the terminally stressed, the people under pressure, and the heroes on their small crusades.

*"One of Australia's most commanding actor-dancers"* The Australian  
*"Brian Lucas (a superb mid-career artist) courageously alerts us to the wounding truth."* Real Time

Created and Performed by Brian Lucas

Sound designer Brett Coltery

Designer Kieran Swann

Lighting Designer Andrew Meadows.

Brian Lucas is supported by MAPS for Artists, a managing and producing collaboration between Metro Arts and Brisbane Powerhouse.

-ENDS-

<b>Date</b>	Tue 9 - Sat 13 February	2010
<b>Time</b>	9pm	
<b>Venue</b>	Turbine Rehearsal Room, Cabaret Mode.	
<b>Tickets</b>	\$25(f), \$20(c)	
<b>Bookings</b>	07 3358 8600 or <a href="http://brisbanepowerhouse.org">brisbanepowerhouse.org</a>	

**For more information, images and interviews please contact**

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